

Forgiveness is a gift



Forgiveness is a blessing you offer yourself as a gift of peace. For when you forgive others for their trespasses, you simultaneously forgive yourself as well. Peace now truly becomes yours and it has always been yours, you have merely ignored this gift. Your ego has so far denied you this gift of peace that has always been yours to accept. Because forgiveness is in its amazing simplicity to let go of your ego.

You cannot forgive someone and yet choose to think about the trespass again and again, you must let the trespass go. If you keep reminding yourself and others of the trespass, and bring your thoughts back to the trespass and the situation in which it occurred; you simply bring it back to life and thus you have not offered true forgiveness. You are still bound by your own ego's desire for suffering and you have temporarily lost sight of God's gift of peace for you.

Forgive and you shall be forgiven. Forget and thus be free from the bonds of the trespass. Be at peace with yourself in the present moment, for that is all that truly exist. Neither the past nor the future actually exist, they are merely illusions created by the mind that is controlled by the ego.

To die with Christ and be resurrected with him is to slay your own ego. The most efficient way to do that is to practice forgiveness daily. Forgive and be free in peace. Namaste.

Amen.

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